

Circumcision Care

If your baby boy has a circumcision, each time you change his diaper, apply A&D Ointment or Vaseline to the circumcised area and place a small square of gauze over the area. Keep the area as clean as possible. If some stool gets on the penis, gently clean with soap and water. Initially, the tip of the penis may look red and there may be some yellow secretions in spots. This is normal and will subside within one week. If redness persists or the area develops swelling or crusted yellow sores, please call our office.

After the Circumcision has healed, a small piece of foreskin usually remains. This should be gently pulled back to clean each time the child is bathed. Make sure to examine the groove around the head of the penis to make sure it is free of debris.

Care of the Uncircumcised Penis

If your baby boy is not circumcised, the penis should be cleaned and bathed with soap and water. Do not try to pull the foreskin back because it is attached to the head of the penis. It will eventually separate from the head of the penis after several months to years. After it has separated, the foreskin should be gently retracted to clean the skin underneath. You should watch your baby urinate to make sure that the opening at the end of the foreskin is large enough for a stream of urine to flow through. If there is only a trickle of urine or your infant seems to be having difficulty urinating, please call our office.

Genital Hygiene for Baby Girls

Many newborn girls have a clear, white or slightly bloody discharge which is caused by exposure to maternal hormones. This discharge is normal. The external genital area of your baby girl can be cleaned with cotton ball soaked with water.

Both male and female infants can have a clear discharge from the breasts which is normal. They can also have enlarged or slightly swollen breasts initially as well. This is normal; however, if you notice any redness in the swollen areas please call us.