

Diaper Rash

A Diaper Rash is any rash that is covered by the diaper area. It is usually caused by stool or urine coming in contact with the skin for a prolonged period of time. Diaper Rash can be prevented by frequent diaper changes and using barrier creams such as Desitin, Balmex, Aquaphor, or Triple Paste.

If a rash does occur:

- Change your baby's diaper frequently.
- Expose her bottom to air several times per day.
- Wash your baby's bottom gently using soap and water then rinsing thoroughly, pat dry.
- Using a barrier cream to protect the skin is often helpful.

Please call us if:

- The Rash persists for more than 3 days.
- The Rash spreads beyond the diaper area.
- Any pimples, boils, pus or yellow crusts occur.
- You have any questions or concerns.